

WESTHAMPTON CARE CENTER:
Peace of Mind...

NOTHING IS MORE IMPORTANT
THAN A SENSE OF CONFIDENCE
IN THOSE YOU ENTRUST
TO CARE FOR YOU OR A LOVED ONE.
IT'S THIS PEACE OF MIND
THAT YOU CAN COUNT ON
WHEN YOU OR YOUR LOVED ONE ENTERS
ONE OF THE FINEST HEALTHCARE FACILITIES
IN THE COUNTRY.



*Congratulations
to the Staff on a
Deficiency-Free
Department of Health
Survey 2009!*



Reviews



Among the highest rated by national senior advocacy groups and government agencies, the Westhampton Care Center provides state-of-the-art health care ranging from traditional skilled nursing and long-term residential care, to intensive short-term rehabilitation and post-surgical care, to pain management and specialized dementia care in a dedicated environment.

Peace of Mind...

Whether seeking long-term placement for a loved one or deciding on which facility offers the best when it comes to short-term and post-hospital services, we realize that the decision is an important one fraught with many questions:

- Will our mother be happy, well cared for, and safe from harm?
- Will my husband have access to excellent medical attention if and when it's needed?
- Is Westhampton the best place for me to spend two weeks following my hip surgery?
- Can I get the rehabilitation services and pain management following surgery that will get me back on my feet quickly?

Independent Rating Agencies

Tell the Story:

HealthGrades Highest Rating: 5 out of 5 stars



HealthGrades is the leading healthcare ratings organization in the country, providing ratings on hospitals, nursing homes, and physicians. Millions of consumers and many of the nation's largest employers, health plans, and hospitals rely on HealthGrades' independent rating and decision-support resources to make healthcare decisions based on the quality of care.

One of the Top Nursing Homes in the State.

The top 30% of the nursing homes in the state are awarded 5 Stars. Westhampton Care Center is proud to be in the top 30% of all nursing homes in New York State.



Our most prized independent references come from the families of our residents who have experienced, first hand, the quality and caring nature of our services.

Here is a sampling of the letters we regularly receive which mean so much to us:

Loved and Secure

“Words are sometimes inadequate to express our heartfelt thanks to a wonderful staff. The Westhampton Care Center is an answer to our prayers. Your staff makes lonely frightened people feel loved and secure. May God continue to bless the Westhampton Care Center and its staff for dedicated service.” — R.L.

Care and Love

“My husband received the utmost attention, care and love from the nurses and aides. They were never too busy to attend to his needs. The people on your staff are very special people. I am grateful that my husband spent the last of his life at Westhampton Care Center.” — J.R.

Kindness and Concern

“We are writing to express our gratitude to you and your entire staff for the wonderful care given to our husband and father at Westhampton Care Center. Everything about the care he received was exemplary. The staff felt a genuine affection for him and a respect for his individuality and preferences. It remains a great comfort to us to remember the kind and loving personnel at the Westhampton Care Center. You should be very proud of your organization, and most importantly, the staff who provide the hands-on care to your residents. We will not forget their kindness and concern, as well as the support and understanding they showed to us.” — L.S.

Home Feeling

“We think so highly of the Center. I think your pet policy is one of the most humane gestures to residents. My dad was so happy to see our dog each evening. It made such a difference, such a home-feel to his room. The decor and food are also to be complimented so highly, as are the patient and staff case meetings.” — J.P.H.

Gentle Caring Ways

“How can we express our gratitude for all the thoughtful acts or kind words, time, gentle caring ways and love that you gave to Eleanor. It’s difficult to express how we feel. We know that Eleanor was well cared for and loved. We’d like to celebrate her life today and share that with you by thanking you.” — The Family of E.D.

Rehabilitation



Our top-notch professional rehabilitation team works with both short-term and long-term residents to design programs that restore optimal individual performance. Whatever your needs, whether recovering from knee or hip replacement or dealing with a challenging chronic condition, our goal is to get you functioning at the highest level in as short a time as possible.



Person-Centered State-of-the-Art Rehabilitative Care...

Westhampton Care Center's state-of-the-art rehabilitation program provides both long-term and short-term residents intensive physical, occupational and speech therapy in an environment that encourages maximum performance and independence.

Rehabilitation is offered up to 6 days-a-week utilizing a variety of modern modalities in both group and one-on-one sessions to help expedite each resident's recovery.

We are committed to preparing short term residents for a speedy, safe, and successful transition home, while enabling our long-term residents maximum performance for a better quality of life.

We Offer Comprehensive Medical and Rehabilitation Services...

for those recovering from: knee replacement surgery, automobile accidents, hip replacement surgery, neurological surgery, cardiac surgery, stroke, complications from multiple sclerosis and other degenerative disorders and wound care management.



Setting

Quality Care in a Homelike Setting...

Set in an attractive modern building surrounded by 18 acres of woodland and meadows, Westhampton Care residents live in private or semi-private rooms, each with a private bath. Living quarters are tastefully decorated with high quality pine furnishings, fine flooring, and attractive wall and window treatments.

Each resident's bed has an individual call button linked to a 24-hour nursing station located in each wing of the center. Assistance is always just moments away. Each room is individually climate-controlled and pre-wired for television and telephone service. Cable television service is also available.

During the warm weather months, residents and visitors enjoy secure courtyards, attractive gardens with walkways and intimate sitting areas. Indoor community areas are styled as traditional living rooms or dens, providing a relaxing, home-like environment for visits from family and friends. The center also maintains a well-stocked library.



Residents feel at home right away in our beautifully designed and tastefully furnished building that rests on a lovely 18-acre park-like setting. Conveniently located at the gateway to the Hamptons, the facility enjoys close proximity to the East End's many wineries, beaches, and outlet shopping.



Activities



Our wide-ranging program of on-site and off-site social and educational activities reap rich rewards including increased vitality, endurance, engagement, and an increased ability to enjoy life to the fullest. Good food is also an important part of life. To meet this important aspect of our residents' quality of life, we serve three delicious and nutritious meals each day in our elegantly appointed dining rooms.



Good Food, New Friends...

Our professional nutrition team, under the supervision of our registered dietitians, works hard to make mealtime special for our residents by preparing creative and tasty cuisine. Residents are invited to dine in the elegant ambiance of our tastefully-decorated main dining room, complete with table linens and china.

With Eastern Long Island's bounty of fresh vegetables and produce, we make an extra effort to present seasonal menus that are both delicious and nutritious. That's why mealtimes are the most anticipated part of the day for everyone at the Westhampton Care Center.

Variety is the Spice of Life...

Our unique philosophy centers on the idea of providing opportunities for stimulating activities and meaningful social interaction accomplished through a comprehensive schedule of recreational programs 7 days-per-week. Whether reading in the Library is your cup of tea or high-tech virtual bowling piques your interest, Westhampton's therapeutic recreation program aims for enrichment, self-discovery, and – most of all – personal satisfaction.

Religious services of all denominations, intergenerational programs with local schools and animal-assisted therapy help maintain connection to community. In addition, our activities are designed to complement the center's physical and occupational therapy services.

ENRICHMENT
SELF-DISCOVERY
&
PERSONAL
SATISFACTION



Care Givers



Kenneth Winston

Administrator

Kenneth Winston is the Administrator of Westhampton Care Center.

Previously, he served the Glenhaven Health Care Organization for 35 years, the first 26 as Administrator of the Glengariff Health Care Center in Glen Cove and the balance as Chief Operating Officer of the Glengariff Center, and the Port Jefferson Health Care Facility in Port Jefferson. During his tenure, his Glen Cove facility earned 32 years of perfect no-deficiency scores from the State of New York Department of Health.

Our compassionate and highly qualified personnel provide an exceptional level of service and take great pride in the care they render. At the Westhampton Care Center, residents receive 24-hour, skilled nursing care under the supervision of an attending physician. With 240 employees and 180 residents, personal attention from caring, credentialed professionals is assured.

He has served as a State approved Preceptor mentoring several “administrators in training” preparing them for their careers. Additionally, he was a founding member and first President of the Intercounty Health Care Facilities Association, a 6-year President of the Nassau Health Care Facilities Association and a 10-year Board Member of the New York State Health Facilities Association. Ken has testified before Congress regarding skilled nursing facility issues. He has served as Chair of the Long Island Healthcare Labor Association for the past 19 years.

Mr. Winston garnered a BA Degree from Hofstra University, an MS Degree in Hospital Administration from Columbia University, and a New York State Nursing Home Administrators License by the NYS Department of Health in the early 1970's. A Fellow of the American College of Health Care Administrators since 1982, the New York Chapter of the same Organization in 1997 awarded him the “Administrator of the Year.”



Tracy Trypuc

Director of Nursing Services

Tracy Trypuc earned her BSN from Point Loma Nazarene University, San Diego, CA and thereafter received her Certificate in Public Health from the State of California. Appointed to the Suffolk County Board of Health in 2007, Tracy still maintains her current membership. She has served as Chairperson of the Health & Wellness Committee for the Greater Patchogue Chamber of Commerce. As a nurse consultant to the SUNY Stony Brook Heart Links Project, Tracy has participated in community blood drives and screenings. Currently, Tracy is a member of APIC, the Association for Professionals in Infection Control. Her many years of nursing administrative experience in skilled nursing/ post-hospital settings in staff education, infection control and as an assistant director of nursing have prepared her with a wealth of knowledge for her appointment to the Director of Nursing Services here.



Lewis Anreder, MD, FAAP

Medical Director

A family physician since 1987, Dr. Anreder has served as the Medical Director of the Westhampton Care Center since 1996. A Fellow of the American Academy of Family Physicians, Dr. Anreder's practice encompasses the full spectrum of family practice with an emphasis on geriatric medicine. Areas of particular interest include integrative and holistic approaches to the treatment of chronic illness and the utilization of botanical, nutritional and functional approaches to optimize the health and wellness of his patients. Dr. Anreder is also a Clinical Instructor in the Department of Family Medicine at SUNY Stony Brook School of Medicine.



- Board Certified in Family Medicine since 1987
- Fellow American Academy of Family Practice
- Board Certified in Holistic Medicine 2001
- Member American Medical Directors Association

Care is Our Middle Name

Lisa Bove, RPT, Director of Rehabilitation
Patricia Carroll, Director of Admissions
John Dahlem, Director of Engineering
Angelo Grausso, Director of Food Service
Anne Marie Hayden, Director of Fiscal Services
Tom Lucey, Director of Environmental Services
Madalyn McCarthy, Director of Social Services
Linda Schoepfer, CTRS, Director of Therapeutic Recreation
Karen Spano, Director of Human Resources
Jennifer Zorko, RD, Chief Clinical Dietician

Specialized Services

Wi-Fi Network & Computer Room

The Westhampton Care Center is equipped with a Wi-Fi Network to ensure immediate wireless access to Internet and email services for laptop users in the facility. In addition, we offer the availability of a specially designated six station computer room for resident use.



Branches Program

The Branches program is an alternate activity program for residents at high risk for falls and other clinical and quality of life factors provided seven days a week. The purpose of the Branches program is to provide meaningful activity programming throughout the day, increase resident safety for those at high risk, improve quality of life, decrease use of sleep medications, decrease daytime restraint use and help prevent dehydration and malnutrition. The day begins with the aroma of fresh bread being baked by the Food Service Department, making residents feel warm and comfortable in their surroundings while stimulating appetites. A member of the Therapeutic Recreation Staff welcomes each resident and engages them in an activity while removing any daytime restraints. The residents are greeted by a Certified Nursing Assistant who provides hydration and nourishments to residents mid-morning and afternoon in a social atmosphere. The residents are visited weekly by a Social Worker who facilitates a group discussion program and individual interventions as needed. The residents also participate in a weekly exercise program with members of the Rehabilitation Department.



Dementia Unit

Westhampton Care Center has a twenty-bed private secured unit for residents with a diagnosis of dementia and who are at risk for elopement. An interdisciplinary plan of care is designed to address the medical and psychosocial needs of each resident in the least restrictive environment, enabling the resident to experience freedom of movement and expression managed by a team of professionals who pursue all viable methods of behavior management utilizing alternatives that limit the need for chemical or physical restraints. Residents are engaged in meaningful activities throughout the day seven days a week.

Caring for persons with Alzheimer’s Disease or a related memory-impairment diagnosis presents special challenges. Our Alzheimer’s Program in the Dementia Unit has been designed to offer support and guidance in an atmosphere that will preserve the dignity, autonomy, and individuality of each person.

Our professional caregivers have received specialized education and training in the treatment of person’s with memory loss. A structured program of therapeutic activity offers the physical and intellectual stimulation essential to preserving existing abilities. Our programs are tailored to the distinct needs of each resident and provide a creative atmosphere in which participants will experience maximum freedom of movement and expression.

Electronic Medical Records

Westhampton Care Center has moved their technology to an intuitive, state-of-the-art, web-based clinical software system that serves as an electronic medical record (EMR) solution. It is the organization’s first step toward a secure, paperless system for providing resident care. Having a comprehensive resident record and Electronic Medical Record solution ensures consistent, accurate documentation as care and services are provided — as opposed to having staff write notes by hand at the end of their shift and try to recall by memory all that happened that day. Electronic records also can minimize medical errors that can be caused by having disparate information across the care continuum.



A TEAM OF
CARING
PROFESSIONALS



Admissions

With Sensitivity and Warmth...

Our Admissions and Social Services staffs work with the family, outside social service agencies, hospitals, and other healthcare providers to assure that residents experience a smooth transition to their new home at the Westhampton Care Center.

We understand that it is difficult for families to deal with concerns involving extended care, and that the process is often an emotional experience for everyone involved. With this in mind, be assured that our Admissions and Social Services teams are prepared to work with you and your family in a sensitive and supportive way.

Reputation is Everything...

Westhampton Care Center has a proud tradition of offering the finest care and services to seniors on Eastern Long Island in a welcoming, family environment. Please allow us to offer you a personally guided tour through our beautiful facility, where you can observe — first-hand— the kindness and compassion of our exceptional staff.

Please contact Patricia Carroll, our Director of Admissions, at 631-288-1175 for more information and to arrange for a tour.



THE



Westhampton Care Center

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Westhampton, NY 11977

631-288-0101

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Westhampton Care Center Policy: It is the policy of Westhampton Care Center not to discriminate on the basis of race, creed, religion, color, national origin, sex, gender, handicap, disability, blindness, source of sponsorship, source of payment, marital status, age, sexual preference, genetic predisposition, or carrier status in employment or in the admission, retention and care of residents and patients.